



EASTSIDE ARTS
Presents
Almost Acoustic



Frankie Armstrong

Concert - 8pm, Saturday 10 March (\$15/\$12)

+ Jacqui O'Reilly + Paddington Public School singers

Workshop – Tuesday 13 March (\$20/\$15)

Singing from the Souls of Your Feet – all welcome. Come and free your voice!
(special deal: \$30/\$25 for both)



Frankie Armstrong (UK) began running voice workshops in 1975. Her passion for the traditional styles of singing in the British Isles and from around the world informed the development of her voice and singing workshops. Having been involved with folk and political songs starting in the 50s, she's always been fascinated by the way that voice can enhance the individuals' sense of well being and also develop a sense of community between people. It can link us to the thread of song that comes down to us from our ancestors. Hence she has always been interested in exploring voice and song in its historical, cultural, political and spiritual dimensions. She also sees the voice as a tool to aid our self-expression, creativity and confidence. Over the past two decades she has especially focused on the body-voice connection, having worked and trained with a variety of body work and movement teachers. Frankie is in Sydney teaching voice workshops at NIDA. These are her only public appearances.

Eastside Music Café is on the site of the Paddington Markets
395 Oxford St Paddington (Church Hall)

Doors open 8pm. Music starts 8.15pm

The venue is licensed and finger food and snacks are available

Bookings: 9331 2646

bookings@eastsidearts.org.au

Free car parking – Gordon Street church car park.

www.eastsidearts.org.au

Eastside Arts gratefully acknowledges the financial support of Arts NSW and the City of Sydney and the support of the NSW Folk Federation